

HOME LEAGUE GAME #5

# THE zebra

## MATCHDAY PROGRAMME



uhlsport  
UNITED COUNTIES  
FOOTBALL LEAGUE



uhlsport®



# SOUTHWELL CITY V WEST BRIDGFORD

UNITED COUNTIES LEAGUE | DIVISION ONE

SAT 24<sup>th</sup> SEPTEMBER | 15:00 KICK OFF

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# The Manager

Good afternoon all and welcome to our visitors from West Bridgford.

We finally got our first league away win of the season on Saturday and it was a big relief. We rode our luck for parts, especially 2<sup>nd</sup> half as we struggled to keep the ball and invited pressure. But all we needed was the points and I was delighted to get them. Holwell will be in our 'mini-league', and we have to pick up as many points against those teams as possible. So far this season, our performances have warranted more points than we've got, and whilst our 2<sup>nd</sup> half performance on Saturday wasn't great, some of the football we played in the 1<sup>st</sup> half was really good. I actually think the 2<sup>nd</sup> goal was up there with the best team goals we've scored under me.

In terms of squad news, there's some changes to talk about. Firstly, Cal Leach is taking some time away as he focusses on his personal life and other priorities. Cal is a great lad, he's fitted in since day 1 and the lads love him. But football will always be 2<sup>nd</sup> to family and he's got to do what's right. Hopefully he'll be back in a few months but I want to give him the time he needs.

Also, unfortunately Ant Brown has decided to hang up his boots. I've grown up with Brownie, he's one of my best mates and we've spent decades playing together for this football club, from U10s upwards. He's played 187 times for City (the highest amongst the current squad), across a timespan of 17 years. His commitment is pretty unrivalled these days but it's level of consistency that stands him out from most others. I think if you asked people their best ever City XI, he'd get in most. Since he tore his achilles last September, he's been working hard to get back to the same level, but unfortunately he can't quite get there. Whilst that injury isn't too bad, it's the impact to the rest of his body that's now taking the toll and at 33, he's decided to call it quits. He'll be a huge loss for us, both on and off the pitch but we'll see him down when he's free to cheer the lads on. We'll make sure he also gets a proper send-off too as I know there's several people down here who want that for him (even if he doesn't..!)



# The Manager

In more positive news, coming back to the club are Taylor Jaine & Ollie McCourt. Taylor wanted to try himself at a higher step but has since concentrated on playing for Boston's academy in midweeks. He returned to the fold for us on Saturday against Holwell and performed brilliantly for large parts, and deservedly picked up MOM. He now wants to commit for the season which is a real bonus for us as he adds quality and versatility into the back line.

It's also pleasing to welcome back Ollie. He is someone who had been really unfortunate with opportunities previously (and I take my share of the blame for that), and got a chance to go to Eastwood in the summer. I'd never stand in anyone's way to play higher and I'm delighted he got the chance to. The situation at Eastwood meant that in the last 10 days, Ollie has come back to the club and now wants to forge his way into the 1<sup>st</sup> team set-up. He's got all the attributes and he knows where I think he can improve, but like Taylor, his versatility & natural fitness will be a huge boost for us.

So 2 out, 2 in – sliding doors moment!

As for today, West Bridgford will be a tough test. They've had a similar start to us in terms of inconsistency of results but they've had a couple of beltors. They beat Newark 3-0 earlier in the season and not long ago put 5 past Rainworth. This is going to be a test against one of the biggest & most established clubs in the county & I'm really looking forward to it.

I hope you all enjoy the game and good luck to Russ & West Bridgford for the season (except today!)

Jonny

Goalkeepers:

Ryan Fletcher | Oliver Swaby

Defenders:

Blair Bryant | Brad Peace-McDonald | Tom Jackson | Callum Leach | Ed Munton | Taylor Jaine | James Cullingworth | Ant Brown | Charlie Turton | Callum Goodge

Midfielders:

Chris Bowles © | Jay Archer | Ant Newton | Will Stocks | Will Gore | Matty Newton | Tom Spencer | Ted Palfreyman

Attackers:

Calum Law | Liam Moran | Ben Selby | Morgan Shevlin | Danny Oliver | Luke Hobson

*Player/team Pics to follow early Sep!*



# City's Squad



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# Today's Opposition

**Team:** West Bridgford

**Location:** Nottinghamshire

**Founded:** 1990

**Manager:** Russ Cousins

**Position Last Season:** 17/23

**Last League Result:** 2-5 vs Blackstones

**Last Game vs City:** N/A

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# Today's Opposition

West Bridgford Colts Football Club was formed in 1990 with the simple ethos of providing local youngsters with a game of football. From the start our strategy was to provide football for all, not just the more able players. We were one of the first junior clubs in the area to regularly field multiple teams at the same age group. Starting off with a couple of boys' teams the club grew steadily, resulting in us running 18 teams by 2000. In 1996 we started the girls section, which has grown steadily every year, resulting in the Ladies team, West Bridgford Ladies, being formed in 2006.

In 2008 the club signed a 25 year lease for our current home, Regatta Way. The Coronation Ground having been purchased by the council to build a new school. The club took the wise decision to install floodlights at the new ground with an eye of the future of the club as we always hoped to run a successful men's team. 2010 saw the formation of West Bridgford Colts Vets.

We formed the senior men's 1st team, West Bridgford Football Club, in 2011 to provide an exit route for our players. We achieved promotion from Division 2 of the Precision Notts. Senior League, finishing runners-up, as well as reaching the final of the Nottinghamshire Intermediate Cup, losing narrowly after extra time. In the season 2013-14, we again finished runners up in the 1st Division, to be promoted into the Senior league of the NSL and last season, 2014-15 we were runners up in the senior league, and finalists in the NSL cup, losing out to Wollaton on both occasions. In the 2015-2016 season we finished 3rd in the NSL premier league which gave the team promotion, and won the Notts FA intermediate cup.

During 2016, the club installed hard standing around 2 edges of our pitch, a 100 seater spectator stand and enclosing the pitch with fencing as we planned for the future development of the club. The total spend was something just over £50,000. This along with our team's efforts on the field ensured we achieved promotion into the EMCL.

The team won the EMCL in the 2016-17 season but elected not to take promotion into the Midlands League. The 17-18 proved difficult after not taking promotion, but we finished a respectable 15th with a completely different squad and management from the previous season. The 18-19 season we had another new manager who left after 10 games. His replacement, Ryan Doherty, brought much needed stability to the club. The summer of 2019 saw us merge with AFC Bridgford as we look to improve the pathway from our juniors into our senior section. This merger created an additional two senior teams competing in the NSL and MNA. The season saw us finish in 6th place in the EMCL prior to the season being annulled. In the close season Ryan Doherty announced that he would be stepping down to focus on family and business and the club promoted Chris Galley from within to first team manager with Chris Withe joining him as his Assistant. Russ Cousins was appointed as manager and has led the club since then.

In the summer of 2021 the East Midlands Counties League lost it's Step 6 status as part of a nationwide restructure of the non league pyramid and the club was placed into United Counties Division 1.

We are a Charter Standard Community Club which this season comprises of **129 teams approximately 1500 players** and are the largest youth football Club in the country. (By teams)

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Your best mate? Selby, obviously  
The cleverest? Bowlsey  
The best weaker-foot? Blair  
Most likely to buy you a pint? Bowlsey  
Most likely to make it on reality TV? The wizard, Tjizzle.  
Biggest moaner? Flecth  
The joker? Brad  
Always up for a night out? Leachy  
Most under the thumb? Selby  
Hardest trainer? Liam



# Teammates

with... Will Stocks

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# The Fixtures

Type	Date / Time	Home Team	Away Team
DIV1	30/07/2022 15:00	Southwell City 2	2 Kirby Muxloe
DIV1	06/08/2022 15:00	Clifton All Whites 3	2 Southwell City
DIV1	09/08/2022 19:45	Rainworth Miners Welfare 2	2 Southwell City
DIV1	13/08/2022 15:00	Southwell City 2	0 Grantham Town FC Academy
DIV1	20/08/2022 15:00	Aylestone Park 4	0 Southwell City
DIV1	29/08/2022 15:00	Southwell City 1	4 Dunkirk FC
DIV1	03/09/2022 15:00	Southwell City 1	1 Saffron Dynamo
DIV1	10/09/2022 15:00	Southwell City P	P Radford FC
DIV1	13/09/2022 19:45	Clipstone FC 2	1 Southwell City
DIV1	17/09/2022 15:00	Holwell Sports 3	4 Southwell City
DIV1	24/09/2022 15:00	Southwell City	West Bridgford
DIV1	28/09/2022 19:45	Southwell City	Hucknall Town
DIV1	01/10/2022 15:00	St Andrews	Southwell City
DIV1	04/10/2022 19:45	Blidworth Welfare	Southwell City
DIV1	12/10/2022 19:45	Southwell City	Harrowby United
DIV1	15/10/2022 15:00	Southwell City	Barrow Town
DIV1	22/10/2022 15:00	Gedling Miners Welfare	Southwell City
DIV1	29/10/2022 15:00	Southwell City	Bourne Town
DIV1	05/11/2022 15:00	Birstall United Social	Southwell City
DIV1	12/11/2022 15:00	Southwell City	Blidworth Welfare
DIV1	19/11/2022 15:00	Kirby Muxloe	Southwell City
DIV1	26/11/2022 15:00	Southwell City	Rainworth Miners Welfare
DIV1	03/12/2022 15:00	Blackstones	Southwell City
DIV1	10/12/2022 15:00	Southwell City	Clipstone FC
DIV1	17/12/2022 15:00	Grantham Town FC Academy	Southwell City
DIV1	26/12/2022 15:00	Southwell City	Newark Town
DIV1	07/01/2023 15:00	Radford FC	Southwell City
DIV1	14/01/2023 15:00	Harrowby United	Southwell City
DIV1	21/01/2023 15:00	Southwell City	Gedling Miners Welfare
DIV1	28/01/2023 15:00	Dunkirk FC	Southwell City
DIV1	04/02/2023 15:00	Southwell City	Clifton All Whites
DIV1	11/02/2023 15:00	Southwell City	Aylestone Park
DIV1	18/02/2023 15:00	Bourne Town	Southwell City
DIV1	25/02/2023 15:00	Barrow Town	Southwell City
DIV1	04/03/2023 15:00	Southwell City	Holwell Sports
DIV1	11/03/2023 15:00	Hucknall Town	Southwell City
DIV1	18/03/2023 15:00	West Bridgford	Southwell City
DIV1	25/03/2023 15:00	Southwell City	Blackstones
DIV1	01/04/2023 15:00	Southwell City	Birstall United Social
DIV1	08/04/2023 15:00	Southwell City	St Andrews
DIV1	10/04/2023 15:00	Newark Town	Southwell City
DIV1	15/04/2023 15:00	Saffron Dynamo	Southwell City

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# SPORTS GROUND DEVELOPMENT

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At the United Counties Football League,  
we believe in making football everyone's  
game



# The Table

TEAM	PT	MP	W	D	L	F	GA	GD	EA	
↑  Aylestone Park	28	10	9	1	0	41	4	37	4	
↑  Blackstones	24	11	7	3	1	26	16	10	1	
=  Birstall United Social	21	10	6	3	1	30	8	22	1	
Radford	21	7	7	0	0	24	5	19	8	
=  Newark Town	17	11	5	2	4	29	17	12	-4	
=  Kirby Muxloe	17	10	5	2	3	28	19	9	-3	
↓  Hucknall Town	14	8	4	2	2	18	13	5	-2	
↓  Bourne Town	14	10	4	2	4	24	20	4	-6	
Dunkirk	14	9	4	2	3	19	17	2	-5	
Clifton All Whites FC	14	7	4	2	1	15	11	4	-3	
↑  Saffron Dynamo	13	9	4	1	4	13	14	-1	-2	
↑  Blidworth Welfare	11	8	3	2	3	12	11	1	-7	
↓  Rainworth Miners Welfare	11	9	3	2	4	10	21	-11	-8	
Barrow Town	9	8	3	0	5	14	17	-3	-5	
↑  Southwell City	9	9	2	3	4	15	21	-6	-8	
=  Gedling Miners Welfare	9	8	2	3	3	14	21	-7	-5	
↓  West Bridgford	7	10	2	1	7	16	26	-10	-11	
↓  Holwell Sports	6	11	1	3	7	15	35	-20	-17	
=  Harrowby United	6	9	1	3	5	12	28	-16	-13	
↑  Clipstone	6	8	2	0	6	10	21	-11	-12	
St Andrews Fc	5	8	1	2	5	8	27	-19	-9	
Grantham Town Academy	1	8	0	1	7	6	27	-21	-13	

PUKKA



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£3

## Southwell City FC Sponsor Opportunities

Advertising Banners | Brinkley Main Pitch

**£150 for 1 season**  
**£250 for 2 seasons**

Buy 2: get 10% off. Buy 3+: get 15% off!

- Choose your panel location
- Dimensions 760mm x 2440mm
- Hi-Res Logo Required



# Weird Ground Names

Football and sporting stadiums are not just a place we go to watch a game, they will often reflect the architecture, heritage and culture of the city or town they reside in. Their names will often also reflect these influences or give a nod to their location or local history, sometimes the names are bizarre or have no obvious reason for their title.

## Tony Macaroni Arena

With a name like this you could be forgiven for thinking that the inspiration is a gangster in a comic book, however the real reason is like at so many other stadiums down to sponsorship. In 2015, Scottish football club Livingston FC changed the name of its home venue from the Energy Assets Arena to Tony Macaroni Arena. You may also know it by its' original name Almondvale. Tony Macaroni are actually a pizza and pasta restaurant chain with branches in Scotland

## Mend-A-Hose Jungle

This is the home of Castleford Tigers, a Rugby League club. Their ground on Wheldon Road has historically been known as The Jungle, and corporate sponsorship saw the venues' name change to the 'Probiz Coliseum' and the '@Wish Communications Stadium'.

In 2013, the Tigers announced a deal with Mend-A-Hose a hydraulics company based in the UK that sells and repairs hoses. The Tigers were looking for a for stadium naming rights sponsor, who shared their wish to reinstate the name 'The Jungle,' a hugely popular name amongst fans, and Mend-A-Hose were happy to oblige.

## Hunky Dorys Park

This oddly named venue is the home of Irish football club Drogheda United, until 2010 the ground had the name United Park. You may think that the new name was based on the phrase "hunky-dory," which means; satisfactory; fine; OK, as in "everything is Hunky Dory", however, the name is a brand of crisps manufacturer Largo Foods.

# Weird Ground Names

## The Dripping Pan

Not only does the ground have one of my favourite names it is also one of my favourite football grounds. Located in the town of Lewes near Brighton the Dripping Pan has been the home of Lewes FC since 1885 and does not have a typical name for a sports facility. According to local press in Sussex, the origins of the Mountfield Road venue are shrouded in mystery. A favourite theory has it starting out as a medieval salt pan linked to the nearby Priory; while other sources suggest the location was a monastic fish farm.

The brick-wooden clubhouse has been marked on maps since the 18th century, at that time the stadium was nothing but excavated whole with grassy slopes around. This shape earned it the name of The Dripping Pan."

## KitKat Crescent

Bootham Crescent was until recently the home stadium of York City FC. York is also home to several chocolate manufacturers including international giant Nestlé, in 2005 the club struck a deal that saw the stadium change its name to KitKat Crescent. Although the deal helped solve a debt issue the name did not appear popular with Supporters and visitors alike. The deal expired in 2010 at which point the ground was renamed back to its previous name. Sadly Bootham Crescent has been demolished after York City moved to a new purpose-built arena currently known as the LNER Stadium

## Wincham Park

This venue in Northwich has a very interesting history, home to Witton Albion since 1989. has been used by several clubs including local rivals Northwich Victoria, breakaway club 1874 Northwich and Runcorn Linnets. Due to various sponsorship details the ground has been called, Britannia Carpets Stadium and Help for Heroes Stadium. Possibly the most contentious name was Bargain Booze Stadium which was once discussed on the BBC TV show "Room 101" hosted by Frank Skinner

# Weird Ground Names



## The Rock

Dumbarton Scotland's fourth-oldest club have a picturesque home at the foot of Dumbarton Castle, which is situated on a 204ft volcanic. Supporters of The Sons have had to put up with a series of name changes, though, including the 'Strathclyde Homes stadium', 'Dumbarton football stadium', 'Dumbarton football stadium sponsored by DL Cameron', 'BetButler stadium', 'Cheaper Insurance Direct', and 'The C&G Systems'. Far more Sensibly locals just called it 'The Rock'.

## Gay Meadow

Shrewsbury's old home's name would often raise a snicker from schoolboys in the 1970s and 80's. The ground was built on a former meadow, where fairs and carnivals were held bringing forth gaiety in the old sense of the word.

Gay Meadow was a picturesque traditional stadium alongside the River Severn. The club employed a man in a coracle to rescue wayward shots out of the river. There was also a school at one end with a statue overlooking an open terrace but had his back to the action. In 2007 the Shrews left Gay Meadow and moved to Greenhouse Meadow on the edge of the town.

Whilst naming rights to Stadia can be a welcome source of income to clubs the resulting name can often be unpopular with supporters and locals alike.

Article by **Grassroots Plus Podcast** - @GRPlusUK on Twitter



# Match Action



v. Dunkirk (Home)  
Photos by Rob Currell



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# The Fit Farm

We sat down with the Alex & Max from Fit Farm to discuss what it's about, how they came up with the idea and much more! Have a read:

*For those that don't know much about it, what is Fit Farm?* We are a fitness-based community located in Papplewick, suitable for all abilities. Our aim is to improve people physically, mentally & socially.

*How did you come up with the idea?* During the lockdown, Alex decided that he wanted to make a lifestyle change to get fitter & healthier. With gyms being shut & Alex living on a farm, I (Max) developed bespoke sessions using farm-based equipment such as tyres, ropes, barrels etc, which resulted in him losing 2 stone. Not only did it improve him physically, but we made the training fun & soon realised that it would appeal to a lot of people.

*We've obviously been down before and it was great. What benefits do you see for sports clubs using Fit Farm?* We believe the benefits are endless. You get out what you put in so not only will teams improve physically, you will see benefits in team spirit & character building. We currently have football, netball & rugby clubs attend on a weekly basis.

*How do people get in touch if they want to get involved & what type of sessions are there?* You can connect with us on Instagram or Facebook or book via the app 'BookFit'. We have a variety of programmes for both men & women, including legs bums & tums, HIIT, strength & conditioning & now yoga. You can also contact us directly on 07900781398.

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# The Fit Farm

*What's next for Fit Farm?* We will be expanding into personal training from 2023 as well as introducing one-off obstacle course days in the way of a competition. We're also looking to acquire some new locations so watch this space..!

To check out more on Fit Farm, scan the QR code below.



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# The Squads

## CITY

Ryan Fletcher 🏆  
Oli Swaby 🏆  
Tom Jackson  
Taylor Jaine  
James Cullingworth  
Brad Peace McDonald  
Blair Bryant  
Ed Munton  
Ollie McCourt  
Charlie Turton  
Chris Bowles 🏠  
Will Stocks  
Harry Mills  
Ant Newton  
Will Gore  
Jay Archer  
Matty Newton  
Ted Palfreyman  
Tom Spencer  
Danny Oliver  
Ben Selby  
Cal Law  
Liam Moran

## OPPOSITION

Tom Benoke  
Jack Havron  
Liam Harper  
Garry Doran  
Zac Hill  
Josh Doran  
Casper Gordon Brown  
Nick Knight  
Ben Millard  
Courtney Bartley  
Ben Newman  
Jacob Dodd  
Kamani Wilson  
Han Stevens  
Cole Maule  
Klaudio Marqeshi  
Grant Ryan  
Rav Jackson  
Ashley Butterworth  
Buba Ceesay  
Joe Wroughton  
Henry Gardner  
Harry Hudson