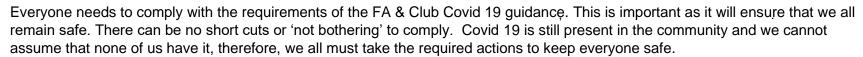
SCFC - RETURN TO FOOTBALL - MANAGER / COACH GUIDANCE 1st Aid





BEFORE A GAME

WHEN YOU COMPLETE YOUR REGISTER; SPEAK TO PLAYERS CHECK NO ON IS SYMPOMATIC

- HIGH TEMPERATURE
- NEW CONTINOUS COUGH
- SHORTNESS OF BREATH
 - SORE THROAT
- LOSS SMELL OR TASTE

ENURE YOU HAVE YOUR PPE PACK

ADMINISTERING 1ST AID

SOCIAL DISTANCE WILL MOST LIKELY BE COMPROMISED WHEN ADMINISTING

WHERE A PARENT IS IN ATTENDENCE THEY CAN SUPPORT ALLOWING THE 1ST AIDER TO REMAIN AT SOCIAL DISTANCE GUIDANCE

WHERE ADMINISTERED BY THE COACH/MANAGER THE PPE SET OUT ACROSS SHOULD BE USED.

PERSONAL PROTECTIVE EQUIPMENT (PPE)

WHEN WITHIN 2 METRES, WHICH MAY INCLUDE FACE TO FACE CONTACT FOR ASSESSMENT OF THE PLAYER.

GLOVES

APRON

PROTECTIVE EYE WEAR (IN ADDITION TO GLASSES

TYPE IIR MASK

DISPOSAL

GLOVES AND APRON ARE SINGLE USE. PLEASE PLACE IN TO A BAG TO DISPOSE OF AFTER THE GAME

MASKS CAN BE WORN
THROUGHOUT THE GAME FOR
INCIDENTS BUT CHANGED IF
WET OR SOLIED. DISPOSAL
AFTER THE GAME.

CPR

CHEST COMPRESSIONS ONLY ARE RECOMMENDED.

DEFIBRILATORS WILL REMAIN AVAILABLE.

A FFP3 MASK WILL BE REQUIRED

IF YOU ELECT TO PERFORM RESCUE BREATHS DESPITE THE RISK TO THE 1ST AIDER, A FACE SHILD SHEILD OR POCKET MASK WITH ONE WAY FILTER SHOULD BE USED – YOU WILL NEED TO REMOVE THE FFP3 MASK

DURING ACTIVITY

IF SOMEONE BECOMES SYMPTOMATIC DURING THE GAME, ISOLATE THEM FROM THE GROUP.

CONTACT PARENTS. ADVISE THEM TO RETURN HOME IF MILD SYMPTOMS

IF MODERATE TO SEVERE SEEK NHS 111 GUIDANCE